

QuickWhite™

User Instructions for Carbamide Peroxide

1. Brush your teeth using toothbrush and toothpaste.
2. Use custom made trays to fit the upper and lower teeth or use QW professional trays.
3. Take off the syringe cap. Push the plunger slowly to squeeze a bead of gel into the inside front portion of the tray. Each tray only needs about 0.5cc gel (approx. 1/6th of syringe).
4. Place the tray with gel onto teeth to make a good fit. Wipe off the excess gel outside of the tray with finger.
5. *For 10% use for 1-4 hours each day for 1-2 weeks.
For 16% use for 1-3 hours each day for 1-2 weeks.
For 22% use for 1-2 hours each day for 1-2 weeks.
For 30% use for 30 minutes - 1 hour each day for 1-2 weeks.*

You may wear the trays for longer periods if you wish to achieve further whitening, providing you do not have any sensitivity. Do not eat or drink during the process.

6. After removing the trays, use your toothbrush to remove the gel from the trays and teeth. Rinse your mouth and the trays with water and store the trays in the tray box provided.

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